



BREAKFAST		THIS DISH CONTAINS													SUITABLE FOR?	
DISH	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
FULL ENGLISH BREAKFAST		GF BREAD, NO BLACK PUDDING		NO EGG			NO BUTTER						(in oil)	NO SAUSAGE	NO	NO
NO MEAT BREAKFAST		GF BREAD, NO BLACK PUDDING		NO EGG			NO BUTTER, NO HALLOUMI						(in oil)		YES	NO
ARTISAN TOAST							NO BUTTER								YES	NO no butter
GLUTEN FREE TOAST																
LOADED DIRTY FRIES				NO EGG			NO CHEESE						(in oil)		NO	NO
BUILD YOUR OWN OMLETTE		GF BREAD					NO BUTTER						(in oil)		YES	NO
AVOCADO BRUNCH										NO NUTS	NO NUTS				YES	NO
FRENCH TOAST							NO CREAM								YES	NO
MENEMEN		GF BREAD											(in oil)		YES	NO
TRIANGLE SPECIAL		GF BREAD													YES	NO
STEAK AND EGGS				NO EGG									(in oil)		NO	NO
NUTELLA															YES	NO
MARMALADE															YES	YES
STRAWBERRY JAM															YES	YES
SAUSAGE															NO	NO
BACON															NO	NO
HALLOUMI FRIES															YES	NO
MUSHROOMS															YES	YES
BAKED BEANS															YES	YES
HASH BROWNS															YES	YES
BLACK PUDDING															NO	NO
FRIED/ POACHED/ SCRAMBLED EGG													(in oil)		YES	NO

A RED DOT | means that the dish contains the specified allergenic ingredient, sometimes the

A PURPLE ASTERISK | means that the dish is fried in the same oil or cooked using shared equipment that may also be used to fry/cook other dishes that include the specified allergenic ingredient

A BLUE BOX | means that the dish can be modified to remove the specific allergenic ingredient or to make it suitable for vegetarians or vegans, please ask your server for more information

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GRANOLA BOWLS		THIS DISH CONTAINS													SUITABLE FOR?	
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STRAWBERRIES 'N CREAM															YES	NO
BERRY GALORE															YES	NO
TROPICAL DELIGHT															YES	NO

PANCAKES		THIS DISH CONTAINS													SUITABLE FOR?	
DISH	CELERY	CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
THE AMERICAN															NO	NO
NAUGHTY AND NICE										NO NUTELLA					YES	NO
BIG UP BISCOFF															YES	NO

BRUNCHIN'		THIS DISH CONTAINS													SUITABLE FOR?	
DISH	CELERY	CONTAINING GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	TREE NUTS	PEANUTS	SESAME SEEDS	SOYBEANS	SULPHUR DIOXIDE & SULPHITES	VEGETARIAN	VEGAN
BEEF WRAP													(in oil)		NO	NO
SWEET CHILLI CHICKEN WRAP													(in oil)		NO	NO
HALLOUMI WRAP													(in oil)		YES	NO
FALAFEL AND HOUMOUS WRAP																
BACON AVOCADO COBB SALAD		NO CROUTONS					NO PARMESAN								NO	NO
MEDITERRANEAN TUNA SALAD							NO FETA								NO	NO
FISH AND CHIPS																
BEEF BURGER							NO CHEESE								NO	NO
CHICKEN BURGER															NO	NO
VEGAN BURGER															YES	YES

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