












BREAKFAST MENU SERVED UNTIL 4pm | DINNER MENU SERVED FROM 4pm





STARTERS

Houmous & Pitta  £5.45 Served with homemade pitta, spicy chickpeas, and olive oil	Garlic Mushrooms  £6.95 Pan-fried garlic mushrooms, in a creamy mustard sauce. Served with a slice of bread	Fish Cake £6.95 On a bed of mixed salad with tartare and sweet chilli sauce
Crispy Mushroom  £6.45 Crispy, breaded mushrooms served with garlic mayonnaise and mixed salad	Halloumi Fries  £6.45 Fried halloumi on mixed salad with honey mustard dressing	Hot & kick'in Chicken Wings  £7.95 Crispy chicken wings wrapped in our unique crunchy hot coating, served with yogurt mint sauce
Classic Bruschetta  £6.95 Vine tomatoes, red onion, garlic, basil, and olive oil on a slice of crostini bread	Spicy Prawns  £7.95 Pan-fried king prawns topped with tomato sauce, mixed peppers, onion and garlic	Lamb Pastry Rolls £7.95 Pastry fried rolls with lamb mince meat, mozzarella and parsley
Mushroom Bruschetta   £6.95 Pan-fried wild mushrooms, mixed peppers, onion, chilli and garlic, on a slice of crostini bread	Calamari £7.45 Panko breaded calamari with tartare sauce and mixed salad	Grilled Beef Sausage   £6.45 Grilled spicy beef sausage served on a mixed salad and house dressing

PASTA

Arrabbiata   £10.45 Pomodoro sauce with garlic, chilli and basil	Wild Mushroom Linguine   £14.95 Pan-fried wild mushrooms, with mixed peppers, onion and chilli, in a garlic butter sauce
Add chicken/prawns £2.95/£4.95	Lasagne £13.95 Oven baked pasta layers with beef mince sauce, bechamel and grana padano cheese
Carbonara £12.45 Pancetta, grana padano cheese in creamy sauce	Prawn Linguine  £14.45 Mixed with garlic chilli, red onion and peppers in light tomato sauce
Add chicken/prawns £2.95/£4.95	
Bolognese £12.45 Traditional Italian ragu cooked using beef mince meat	

PIZZA

Margherita  £10.45 Cheese on our homemade tomato sauce	Vegetarian   £12.45 Margherita base with grilled vegetables, mushrooms, olives and chilli
Make it Hawaiian with ham and pineapple +£3.45	BBQ Chicken £14.45 Marinated chicken strips, sun-dried tomatoes, roasted peppers and cheese with BBQ sauce
Pepperoni £11.45 Classic margherita pizza topped with Italian pepperoni	Inferno  £13.45 Italian pepperoni, caramelised onion, chilli, cheese and tomato sauce
Triangle Pizza £16.95 Sliced ham, parma ham, sun-dried tomatoes and rocket, with cheese and shaved parmesan	

MAIN PLATES

Sirloin Steak 12oz £22.95 Chargrilled sirloin steak served with skin on fries and peppercorn sauce with a grilled flat mushroom, tomato and pepper	Salt and Pepper Chicken  £17.95 Battered chicken strips, garlic, onion, chilli, fresh peppers, salt and pepper served with bulgur rice
Ribeye Steak 12oz £24.95 Chargrilled ribeye steak served with skin on fries and peppercorn sauce with a grilled flat mushroom, tomato and pepper	Salt and Pepper Beef  £17.95 Roast beef, garlic, onion, chilli, fresh peppers, salt and pepper served with bulgur rice
Lamb Chops £18.95 Grilled tender lamb chops on tortilla served with salad, bulgur rice and yogurt mint sauce	Grilled Sea Bass £18.95 Grilled sea bass with creamy mushrooms sauce, mixed salad and skin on fries
Beef Meatballs £15.95 Pan-fried meatballs served with tortilla bread, salad, bulgur rice and yogurt mint sauce	Prawn Curry £16.95 Pan-fried king prawns, mixed vegetables in spicy Madras curry sauce, served with bulgur rice
Chicken Shish £17.95 Marinated grilled chicken served with tortilla bread, mixed salad, bulgur rice and yoghurt mint sauce	Beef Burger £12.95 Homemade beef burger, lettuce, tomato, caramelised onion, burger sauce and crispy mozzarella. Served with skin on fries
Grilled Chicken £16.95 Marinated grilled chicken served with tortilla bread, salad, bulgur rice and yogurt mint sauce	Chicken Burger £12.95 Homemade crispy chicken burger, lettuce, tomato, caramelised onion, burger sauce and crispy mozzarella. Served with skin on fries
Vegetarian Lasagne  £14.95 Oven-baked pasta layers with mushrooms, spinach, carrot, potato, aubergine and courgette, with a light tomato sauce and bechamel sauce	Vegan Burger   £11.95 Spicy oriental vegan burger, lettuce, tomato, and caramelised onion. Served with skin on fries

SIDES

Skin on Fries  £3.50
Salt and Pepper Fries   £5.50
Green Beans  £3.00
Broccoli  £3.00
Mixed Salad  £3.50
Garlic Bread  £5.95
Cheesy Garlic Bread  £6.95

KIDS MENU AVAILABLE: 1 Drink, Main Course and Ice Cream £7.50

ALLERGY STATEMENT:
Food prepared in The Triangle Cafe may contain the following allergens: celery, gluten, crustacean, eggs, fish, lupin, milk, molluscs, mustard, tree nuts, peanuts, sesame beans, soybeans and sulphites.

If you have an allergy, intolerance or sensitivity, please speak to a member of our team.

 Vegetarian Dish  Vegan Dish
 Spicy Dish  Gluten Free Dish